

## EXHIBIT 5-T

### National and State Contacts for ADA Information and Assistance

**V = voice telephone T = text telephone**

**ABLEDATA**. 8630 Fenton Street, Suite 930, Silver Spring, MD 20910; Phone: 800-227-0216 (V); 301-608-8912 (T); Provides information on assistive technology. Website: <http://www.abledata.com>

**Access Board**. Architectural and Transportation Barriers Compliance Board, 1331 F St. NW, Suite 1000, Wash., DC 20004; 800-872-2253 (V), 800-993-2822 (T), 202-272-0080 (V) or 202-272-0082 (T) [You can also fax questions to 202-272-0081; include your phone number and they'll call you back.] Website: <http://www.access-board.gov>

**ADA Regional Assistance Center- Rocky Mountain ADA Center**. 3630 Sinton Road, Suite 103, Colorado Springs, CO 80907. 1-800-949-4232 Website: <http://www.adainformation.org/>

**AgrAbility Project**. USDA sponsored project to assist handicapped farmers and ranchers. National: <http://www.agrabilityproject.org/> and [http://www.csrees.usda.gov/nea/ag\\_systems/in\\_focus/workforce\\_if\\_agrability.html](http://www.csrees.usda.gov/nea/ag_systems/in_focus/workforce_if_agrability.html)  
**AgrAbility Project at Montana State University Extension Service**, <http://extn.msu.montana.edu/>, 220 Roberts Hall, Bozeman MT 59717, 800-523-4342 (V).

**Disability Rights Montana, formerly Montana Advocacy Program**. 1022 Chestnut Street, Helena, Montana 59601. Voice/TDD (406) 449-2344. Toll-free (800) 245-4743. Website: <http://www.mtadv.org> E-mail: [advocate@disabilityrightsmt.org](mailto:advocate@disabilityrightsmt.org)

**Equal Employment Opportunity Commission**. 1801 L St. NW, Washington, DC 20507; 202-663-4900 (V), 202-663-4494 (T); or regional offices at 800-669-4000 (V) or 800-669-0082 (T). Website: <http://www.eeoc.gov>

**Job Accommodation Network**. P.O. Box 6080, Morgantown, WV 26506; 800-526-7234 (V/T). Website: <http://jan.wvu.edu>

**Living Independently for Today and Tomorrow (LIFTT)**. 3333 2<sup>nd</sup> Avenue North, Suite 101, Billings, MT 59102; 800-669-6319 (In Billings, 259-5181); Serves Big Horn, Carbon, Carter, Custer, Dawson, Fallon, Garfield, Golden Valley, Musselshell, Petroleum, Powder River, Prairie, Richland, Rosebud, Stillwater, Treasure, Wibaux and Yellowstone Counties. Website: <http://www.liftt.org/>

**Montana Human Rights Bureau**. 1625 11th Avenue, P.O. Box 1728, Helena, MT 59624-1728; 406-444-2884 (V); 1-800-542-0807 (V), 406-444-0532 (T). Website: <http://erd.dli.mt.gov/humanright/hrhome.asp>

**Montana Independent Living Project (MILP)**. 1820 11<sup>th</sup> Avenue, Helena, MT 59601; 800-735-6457 (In Helena, 442-5755) Serves Beaverhead, Broadwater, Deer Lodge, Gallatin, Granite, Jefferson. Lewis & Clark, Madison, Meagher, Park, Powell, Silver

Bow, Sweet Grass and Wheatland counties and Yellowstone National Park. Website: <http://www.milp.us/> and <http://www.milp.us/links/independentliving.html>

**National Rehabilitation Information Center (NARIC)**. 8201 Corporate Drive, Suite 600, Landover, MD 20785 800-346-2742 (V); 301-459-5900 (V); 301-459-5984 (T); 800-346-2742 (V/T). Website: <http://www.naric.com>

**North Central Independent Living Services (NCILS)**. 1120 25th Avenue NE Black Eagle MT 59414; (406) 452-9834 voice/TTY; (800) 823-6245 (toll-free); (406) 453-3940 fax;. Website: <http://www.dphhs.mt.gov/dsd/independentlivingservices/index.shtml> E-mail address: [ncils.osborn@sofast.net](mailto:ncils.osborn@sofast.net) (In Great Falls, 452-9834); Serves Blaine, Cascade, Chouteau, Daniels, Fergus, Glacier, Hill, Judith Basin, Liberty, McCone, Phillips, Pondera, Roosevelt, Sheridan, Teton, Toole and Valley counties.

**Office of the Americans With Disabilities Act (ADA)**. Civil Rights Division, Disability Rights Section, U.S. Department of Justice, 950 Pennsylvania Avenue, NW, Washington, D.C. 20530; ADA Information Line **800-514-0301. (voice) 800-514-0383 (TTY)**. Website <http://www.ada.gov/>

**Parents, Let's Unite for Kids (PLUK)**. 516 N 32nd St, Billings MT 59101-6003. 800-222-7585; 406-255-0540 (V/T); Serves the state. Website: <http://www.pluk.org> E-mail: [plukinfo@pluk.org](mailto:plukinfo@pluk.org) PLUK is a private, nonprofit organization formed in 1984 by parents of children with disabilities and chronic illnesses in the state of Montana for the purpose of information, support, training and assistance to aid their children at home, school and as adults. PLUK is an organization of parents and other caring individuals who serve families and individuals with disabilities of any age and at no cost.

**Rural Institute on Disabilities, University of Montana**. 52 Corbin Hall, Missoula, MT 59812, 406/243-5467 (V/T), 1-800-732-0323 (V). Website: <http://ruralinstitute.umt.edu/>

**SUMMIT Independent Living Center**. 700 SW Higgins, Suite 101 Missoula, MT 59803; 800-398-9002 (In Missoula, 728-1630); Serves Flathead, Lake, Lincoln, Mineral, Missoula, Ravalli and Sanders counties. Website: <http://www.summitilc.org/contact.html>

Also see: **Return to Work** <http://rmtd.mt.gov/aboutus/returntowork.asp>, Risk Management & Tort Defense Division, State of Montana.